

8-22 Patrick Street
PO Box 491
Stawell VIC 3380

☎ 03 5358 7555

📠 03 5358 1669

✉ enquiries@psfamprac.com.au

🌐 www.psfamprac.com.au

NEWSLETTER

THE DOCTORS:

Dr Arthur Obi
MBBS, MRCOG (UK), MRCGP (UK),
FRACGP

Dr Felix Ogbo
MBBS, PhD

CLINIC STAFF:

Nursing: Anulika (Joy), Augusta &
Tammy

Reception/Admin: Teash, Emma, Jane
& Jodie

PRACTICE HOURS:

Patrick Street Family Practice's phones
are answered from 8:30am until close
Monday - Friday.

Our doors are open:

Monday: 8:00am – 6:00pm

Tuesday: 8:00am – 6:00pm

Wednesday: 8:00am – 6:00pm

Thursday: 8:00am – 9:00pm

Friday: 8:00am – 6:00pm

AFTER HOURS CARE:

For after hours care please call the GP
Helpline on **1800 022 222**. In case of an
emergency dial **000** and ask for an
ambulance.

VISITING SPECIALISTS & SERVICES:

Dr Hemant Chaudhary Cardiologist

Dr Chris Hengel Cardiologist

Dr Rodney Reddy Cardiologist

Kristie Austin Clinical Psychologist

Grampians Podiatry

Hearing Australia

Continence Nurse

Flying Doctors Telehealth Addiction,
Cardiology, Endocrinology, Geriatrics,
Paediatrics, Pain, Psychiatry, Respiratory
& Wellbeing

Australian Clinical Labs

INTERPRETER SERVICES:

Please notify reception prior to your
appointment if you require any
interpreter services.

Summer 2022/2023

❖ **APPOINTMENTS**

All consultations are by appointment only. Appointments can be made by calling the
practice on (03) 5358 7555.

Please let reception know if you require a longer appointment. If more than one family
member needs to see the doctor, please ensure an appointment is made for each
person.

Please advise reception if you are unable to attend an appointment so the reserved
time can be allocated to another patient.

Missed Appointment Policy Patients who fail to attend an appointment or provide
sufficient notice to cancel their appointment may incur a fee of \$50. This fee is not
claimable through Medicare and needs to be paid before any further appointments.

❖ **BILLING**

**We are a private practice and payment is required on the day by cash, cheque or
eftpos.** We can claim your rebate immediately from Medicare using Easyclaim onto
your cheque or savings card. Bulk billing is available for children 16 years and
under, patients aged 65 years and over, concession card holders, and Diabetics.

❖ **CONTACT DETAILS**

It is important to let us know at each appointment if any of your contact details have
changed.

❖ **REPEAT PRESCRIPTIONS**

Script requests are provided at the discretion of the doctor for a fee of \$20 (or \$15 for
Concession Card Holders).

❖ **REFERRALS**

New referrals require the patient to be seen by the doctor. Referrals are current for 12
months, please check with your specialist if your referral is current as they *cannot be*
back-dated.

❖ **COMMUNICATION**

To allow each patient the best consultation possible, our doctors prefer not to be
interrupted by phone calls. Our practice staff are happy to take a message and pass this
along to the doctor. Emails are only to be used for correspondence of a non-sensitive
nature and are checked daily.

➤ **Practice information continued on last page...**



Mosquitoes - protect your home a checklist



Mosquitoes are not just annoying – some mosquitoes can carry serious diseases. Remember, it's best to try to prevent mosquitoes getting into your home in the first place!

Follow this simple checklist to stop mosquitoes breeding on your property and from getting inside your home.

Maintain fly screens to keep mosquitoes out of your home

- Maintain fly screens on windows, doors, vents and chimneys. (Screens should be no coarser than 12 x 12 meshes per 25mm, or 1.2mm. Use an even coarser mesh if you wish to keep out other smaller biting insects, like sandflies.)

Use insect sprays and repellents around the home

Insect sprays and repellents can be used both inside and outside the house to kill mosquitoes. It is important to use these products according to directions on the bottle.

- Use 'knockdown' fly spray against visible mosquitoes in your home.
- Use plug-in mosquito "zappers" or vaporisers in enclosed verandahs. These should be switched off as soon as the area is no longer in use. Consider using insect repellent at the same time.
- Use mosquito-coils in outdoor areas. These should be supervised at all times. Consider using insect repellent at the same time.
- Target areas like spraying the shaded shrubbery near your home. Avoid spraying these products near fish ponds. Remember to read instructions about safe use of any insect sprays.
- If mosquitoes are particularly bad, consider using a long-acting surface spray in areas where mosquitoes like to rest.

Limit mosquitoes from breeding in your yard and garden

You are first in line to be bitten by mosquitoes that breed in your own yard and garden! Mosquitoes can breed even in the tiniest amounts of water. Remove stagnant water so mosquitoes can't breed.

- Clean up your yard and remove anything where water can collect, such as unused pots and tyres.
- Cover or overturn trailers, wheelbarrows, boats, tools and children's playground toys to avoid water collection.
- Regularly clean gutters and drains so water runs freely.
- Mend leaking taps.
- Change pet drinking bowls, bird baths and vase waters at least once a week, and more regularly in very warm weather.

- Put sand around the base of pot plants.
- Keep swimming pools well maintained or empty or securely covered if not in use.
- Keep fish ponds tidy with minimal vegetation around the edges.
- Keep lawns and gardens trimmed back to reduce the areas where mosquitoes rest.

Check and maintain rainwater tanks and water storage vessels

- Water tanks must be completely sealed. Check lids, covers and inlet pipes for any gaps.
- Fit removable screen mesh to the outlet end of overflow pipes and to all inlets.
- Make sure any water collection containers have secure lids or screens.

Where to get help

- Your [GP \(doctor\)](#)
- [NURSE-ON-CALL](#) Tel. [1300 60 60 24](#) – for confidential health advice from a registered nurse, 24 hours a day, 7 days a week
- Your [pharmacist](#)
- [Department of Health, Communicable Disease Prevention and Control Unit](#) Tel. [1300 651 160](#)
- [Your local council](#) – for information about mosquito control programs in your area.

This information has been provided by the Better Health Channel at www.betterhealth.vic.gov.au

Christmas Word Search

N S W J P K K C A N D L E J G
 H A A X M U U P I T J J G J I
 O S N O W F L A K E P W L M N
 L Y L L O H Z S T O C K I N G
 I M I S T L E T O E S R Y R E
 D R E V L I S J I N G L E H R
 A O N N C T N E M A N R O T B
 Y D T W X G P E L O N O T A R
 E E R T A R N B O B H K U E E
 E R B D E T E A R G M O V R A
 R O R S S L N A M E R E H W D
 W A E X L A T A R W R E Y O J
 C N N S W S O R S C O Z E W H
 T L D R L N Y Z B H P N Y N U
 I T H E C H R I S T M A S C G

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|-----------|-------------|
| CHRISTMAS | STOCKING |
| HOLLY | JOY |
| ORNAMENT | MERRY |
| MISTLETOE | CARD |
| GREEN | PRESENT |
| RED | BOW |
| SILVER | SNOWFLAKE |
| BELLS | TREE |
| JINGLE | GINGERBREAD |
| HOOHO | WREATH |
| STAR | SNOWMAN |
| SANTA | CANDLE |
| HOLIDAY | |



For the Kids:



Patient Notices:



FACE MASKS

Masks **must** still be worn when entering the practice, please remember to bring one to all appointments.

CHRISTMAS OPENING HOURS

Fri 23rd Dec - 8:00am to 5:00pm

Mon 26th Dec - CLOSED

Tue 27th Dec - CLOSED

Wed 28th Dec - 8:00am to 5:00pm

Thu 29th Dec - 8:00am to 5:00pm

Fri 30th Dec - 8:00am to 5:00pm

Mon 2nd Jan - CLOSED



SERVICES:

- Men's Health
- Women's Health
- Children's Health (including Childhood Immunisations)
- Family Planning
- Antenatal Care
- Chronic Disease Management
- COVID-19 Vaccinations
- Travel Health (including Yellow Fever Vaccinations)
- Minor Surgeries (Suturing, Ingrown Toenails, Sunspots, Removal of Moles, etc.)
- Health Assessments
- Mental Health
- Q Fever Testing and Immunisation
- Pre-Employment Medical Assessments
- ECG's
- Urine Drug Screens

RESULTS:

If you wish to discuss any results, an appointment needs to be made with your doctor. If you have any results requiring immediate action, you will be contacted to make a follow-up appointment with your doctor.

PRIVACY:

Patrick Street Family Practice respects your privacy. Your medical record is a confidential document. It is the policy of this practice to maintain security of personal health information at all times and to ensure that this information is only available to authorised members of staff. A copy of our Privacy Policy is available upon request.

COMMENTS/FEEDBACK:

Patrick Street Family Practice values all comments and feedback, and take all suggestions seriously. We take all feedback under advisement as part of our continuous quality improvements. For minor feedback/suggestions that we may be able to deal with immediately, please contact us in person at the practice or phone us on (03) 5358 7555. For matters requiring more consideration, please put your feedback in writing and place it in the Suggestions Box at Reception.